



FOUR SEASONS

Women's CONFERENCE



11th ANNUAL FOUR SEASONS WOMEN'S CONFERENCE

Sponsored by The Greater Bluefield Chamber of Commerce

BE THE RING MASTER OF YOUR OWN LIFE
Tuesday,
March 22, 2011 • David's at the Club
9:00 AM – 4:00 PM

With Keynote Speaker:



Rita Suiter, Owner
and Customer Service
Coach of FiveStar ★★★★★
Customer Service
Strategies, LLC.

"Flying High Under the Big Top"

Signature Sponsor: Bluefield Regional Medical Center
Bronze Sponsor: Bluefield State College

And the Presenters; Your High-Wire Act:

Lana Pentasuglia – "Host"
Director of Education
BRMC

Angel James – "The Ring Master"
First Century Bank

"Let's Get it Started in Here"

Denise Farmer
Health & Wellness Director
Four Seasons YMCA

Shana Kitts
Membership Director
Four Seasons YMCA

Andi Bennett – "Your True Colors in High Performance"
Extension Agent
West Virginia University

Wendi Meredith – "Learn How to Become a Powerful Ringmaster
Author by Efficiently Juggling Your Grocery Budget
'The Art of Frugality' and Family Meals"

Rita Suiter – "Performing With Professionalism...Mastering Three
Professional Rings"
Owner and Customer Service Coach
FiveStar ★★★★★ Customer Service Strategies

Rande Hackler – "How To Fight Off a Tiger Attack"
Clinch Valley CAC Self Defense and Safety Awareness

Karen Grogan – "What Does Your Lipstick Say About You?"
Professional Relations Rep. Lipstick Personality Test
Community Radiology of Virginia

Conference Will Also Include:

- ◆ Health Screenings
- ◆ Shopping
- ◆ Door Prizes
- ◆ Demonstrations
- ◆ Informational Booths
- ◆ And more!



REGISTRATION

All seating will be at round tables.

Cost:

| Chamber Member | Non Chamber Member |
|-------------------------|-------------------------|
| \$55.00 before March 15 | \$65.00 before March 15 |
| \$60.00 after March 15 | \$70.00 after March 15 |
| \$300.00 table of eight | \$350.00 table of eight |

Table with Sponsorship – \$500.00 – Includes a table of 8 and more. Call for details.

Invoice Total \$ _____ Tables _____

Check Enclosed

Visa MasterCard American Express

Exp. Date _____

Company Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Name(s) of attendees: _____

Please return registration form and check to:

Greater Bluefield Chamber of Commerce

P.O. Box 4098, Bluefield, WV 24701

Fax: 304-325-3085, Phone: 304-327-7184

Email: info@bluefieldchamber.com

www.bluefieldchamber.com



Our mission is simple, but important: To educate, motivate, and inspire women. We wish to provide a forum which will enhance the lives and careers of women in the Four Seasons area with a program which focuses on physical, emotional, financial, and educational well-being. We aim to help women build confidence, create possibilities, and arrive at reasonable solutions to the challenges they face in their personal and professional lives.

